

## **Trainee Counsellor Placement at South Kent Mind**

**South Kent Mind** is a non-profit organisation that provides mental health services to the local community. We offer a low-cost counselling service with placement opportunities available for trainee counsellors looking to gain their clinical hours and make a difference to the lives of those struggling with mental health issues.

**Location:** South Kent Mind, 24-26 Dover Road, Folkestone, Kent. CT20 1JQ.

**Hours:** minimum of 3 client hours per week, with 1-2 hours administration and supervision per week.

### **Brief Description:**

Our counselling placements are responsible for providing one-to-one counselling sessions to clients who are experiencing a range of mental health problems. You will work within the counselling team to provide up to 12 counselling sessions weekly to at least 3 clients per week. Each session will be for 50-minutes. We provide free group supervision and line management, as well as regular training.

### **Key Responsibilities:**

- Provide one-to-one counselling sessions to at least 3 clients per week.
- Work alongside the South Kent Mind team to liaise with clients and book sessions.
- Manage your client diary and fill in South Kent Mind's client tracking database.
- Agree and manage client payments with support from the administration team.
- Take clinical counselling notes as per South Kent Mind guidelines.
- Attend bi-weekly group supervision with the Clinical Lead.
- Ensure clients complete wellbeing scales and forms as required.
- Follow South Kent Mind's safeguarding procedures.
- Ensure clients are referred/signposted appropriately to other available resources and services run by South Kent Mind and other local services.
- Assessments for new clients (subject to in-house training).

### **Qualifications and Requirements:**

- Currently undertaking a Level 4 qualification or above.
- Registration with a recognised professional body (e.g. BACP, UKCP, or equivalent).
- Professional indemnity insurance and fitness to practice certificate.
- Good administrative skills and time management skills.
- Excellent communication and interpersonal skills.

### **Desirable Requirements:**

- Experience working with individuals experiencing a range of mental health issues.
- A strong commitment to client-centred care.

### **Benefits:**

- The opportunity to gain experience in a non-profit mental health organisation.
- Work with a team of dedicated professionals.
- Make a positive impact in the lives of those struggling with mental health problems.
- Free bi-weekly group supervision and management support.
- Gain clinical hours for training, qualification, and accreditation.
- Ongoing training and professional development opportunities.

If you are passionate about mental health and would like to make a difference in your community, please complete a counselling placement application form and send this along with a copy of your CV to [contact@southkentmind.org.uk](mailto:contact@southkentmind.org.uk). If your application is successful, you will be invited to interview – please note that appointments thereafter will be subject to a satisfactory DBS check. Our policy is not to discriminate against people with prior convictions and we make decisions on a case-by-case basis.