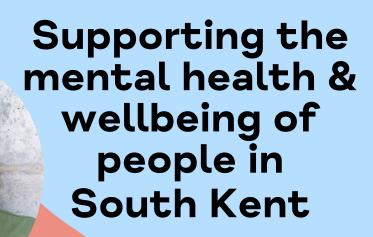


Kent County Council



Struggling with finances?

Unsure how to cope with bereavement?

Live well

Feeling lonely or a bit lost?

Mind South Kent

No matter what you're going through, we're here to listen:



() 01303 250090



contact@southkentmind.org.uk



🖈 southkentmind.org.uk

Registered charity 1089472 Company no. 4276323





Only 30% of people feel they always have access to the things they need to have positive mental health and wellbeing

We're here for you.

Become a part of our community. Come and have a chat with our team about how joining as a South Kent Mind member can help you with your wellbeing.

() 01303 250090

southkentmind.org.uk

Charity no. 1089472 Company no. 4276323 \bigcirc contact@southkentmind.org.uk



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