



# South Kent Activities Calendar



W.C 15<sup>th</sup> December

| Day       | Activity                             | Location                                                              | Times                | Comments                  |
|-----------|--------------------------------------|-----------------------------------------------------------------------|----------------------|---------------------------|
| Monday    | Chatty Monday                        | Folkestone: 24-26 Dover Road,<br>Abercrombie's Café                   | 11.00am -<br>12:30pm |                           |
|           | Art – With Francoise                 | Folkestone: Pam Comber Room,<br>Mill Bay Entrance (White Door)        | 1:00pm -<br>3:00pm   |                           |
| Tuesday   | Walk & Talk                          | Folkestone: Meet at the Folkestone<br>harbour fountains (by Chummy's) | 10:30am -<br>11:30pm |                           |
|           | Arts & Crafts                        | Folkestone: Pam Comber Room,<br>Mill Bay Entrance (White Door)        | 12:45pm -<br>2:15pm  |                           |
|           | Line Dancing                         | Folkestone: Pam Comber Room,<br>Mill Bay Entrance (White Door)        | 2.30pm-<br>3.30pm    |                           |
| Wednesday | Healthy Cooking on a<br>budget       | Folkestone: 24-26 Dover Road,<br>Abercrombie's Café                   | 10.30am-<br>1.00pm   |                           |
|           | Wellbeing – Show,<br>Share & Chat    | Folkestone: Pam Comber Room,<br>Mill Bay Entrance (White Door)        | 1.30pm-<br>3.00pm    |                           |
| Thursday  | Hythe 101 – Reading<br>for wellbeing | Hythe: 101 Hythe High Street                                          | 10:30am-<br>12:00pm  |                           |
|           | Christmas Carols<br>Singing Group    | Folkestone: Pam Comber Room,<br>Mill Bay Entrance (White Door)        | 1.30pm-<br>2.30pm    |                           |
|           | Walk & Talk                          | Deal: Meet at Deal Castle, Beach side                                 | 12.00pm -<br>1:00pm  |                           |
|           | Xmas Get Together                    | Deal: The Landmark Centre, Deal                                       | 2:30pm -<br>4:00pm   | Bring snacks to<br>share! |
| Friday    | Walk & Talk                          | Dover: Meet outside Morrison's                                        | 11:00am -<br>12:30pm |                           |
|           | Xmas Get Together                    | Dover: St. Mary's Church, Parish<br>Centre, Cannon Street             | 1:30pm -<br>3:30pm   | Bring snacks to<br>share! |

To book an activity please call us on **01303 250090** or email: [contact@southkentmind.org.uk](mailto:contact@southkentmind.org.uk)